

The *TIMES* of... SKINKER DEBALIVIERE

Vol. 23 No. 9

March 1993

FREE

The oldest neighborhood newspaper in St. Louis

DISCOVERING OUR NEIGHBORS: Post Columnist Gregory Freeman

by Lana Stein



Gregory Freeman

Gregory Freeman presents his "urban view" three times a week in the St. Louis Post-Dispatch. To a certain degree, his view is shaped by his long term residency in our neighborhood. Freeman is a native St. Louisan and grew up on

the north side. He is a graduate of Beaumont High School. He then attended Washington University. He first lived in an apartment in Skinker DeBaliviere while a college student. Freeman majored in Spanish, a subject he thoroughly enjoyed. However, he worked on both his high school and college newspapers. He was editor of *Student Life* at Washington University. He decided that newspaper work was a more viable career option for him than teaching Spanish. An internship at the *Washington Star* contributed to this decision.

After graduation, Freeman went to work for the *St. Louis American*. He moved on to the *Oakland Press* in Pontiac, Michigan for a short time. He returned to the area and worked originally for the *Bellefonte News Democrat*. He joined the *Post Dispatch* 13 years ago and has functioned in various capacities, including city reporter and political editor.

In 1982, he and his wife Elizabeth moved to an apartment in DeBaliviere Place. They bought their home on 57xx DeGiverville in 1985 where they live with their son. Mrs. Freeman works in public relations for St. John's Hospital.

The Freemans fell in love with the Skinker DeBaliviere neighborhood and did not want to live anywhere else. They like the people and the sense of community that we do not see every-

where these days. Freeman says it is a good neighborhood in which to raise children with good schools. "I love it that we're so close to Forest Park and the History Museum, Art Museum, and the MUNY and everything there."

Freeman enjoys his current role as a political commentator. He said that he "simply points things out that people hadn't thought about before. They may disagree but at least they think about it." His hoped-for audience depends on the subject of the column. Sometimes it is white readers, sometimes black readers, sometimes everyone. He receives lots of letters and phone calls. But, since he does not have a secretary, it's hard to respond to all the letters.

I asked Mr. Freeman what he thought St. Louis' greatest problem was. "Racial polarization" was his reply. He said that it affects everything else. He can feel it: "Its tentacles reach out and touch so many areas. If we can overcome that, we will go a long way to overcoming other problems." Freeman said that we have to look at ourselves first. There may be certain attitudes based on previous relationships with other races. "This is a problem of blacks as well as whites in St. Louis. We work together, go to school together, but we don't socialize. It's an outgrowth from there."

I then asked if he had any advice for young people. He said that kids ought to be themselves. There is a lot of pressure on teenagers to conform. It is better to be yourself. There is value in independence. "Don't feel you have to do something when it's wrong. You think everybody else is doing it. They're really not."

Freeman's column appears in the *Post* on Sunday, Tuesday, and Friday.

THE TIMES GALA TRIVIA CONTEST

Neighbors whose hunger for the invigoration of a healthy contest of wits in a good cause read on. Neighbors who like to get out with a friendly crowd and have fun in a good cause read on. That should cover everyone.

On Saturday, April 17 (write that down!), The *Times* will be providing the aforementioned entertainment opportunities for the good cause of the financial health of the all-volunteer newspaper you are currently reading. In short, we are having a fund-raiser in the form of a Trivia Contest.

We plan to hold this event at New City School, Lake and Waterman, starting at 7:30 p.m. The contest will commence promptly at 8.

Never fear, you will not be expected to compete individually. Bring your team of six people (\$10 per person) or

come on your own and we'll form a table. IN EITHER CASE, let us know in advance your plans to attend. We have many preparations to make and we will need reservations.

The contest will be conducted by a Quizmaster, who has yet to be named. Anyone wishing to buy this privilege should make us an offer.

The Quizmaster will read ten rounds of ten questions (slowly, of course) and each team will meet, confer, advise, consent and write down their answer on the answer sheet for the round. At the end of each round the designated team leader will deliver the answer sheet to the Scoring Team. (You could buy your way into this group, too.)

During the next quiz round, each team's scores will be tallied and posted on large billboards so that each team can compare its progress

with all the others and the humiliation can be made public.

In addition to the usual lavish prizes, there will be the customary snack items and cash bar. (This is a fund-raiser, you know.)

As you form your teams, remember that each round will be on a different general topic, so you should work to get some texture into your group. HINT: It would be wise if your group contained at least one person who has lived in St. Louis for a number of years. This is not, of course, a requirement.

If you want to come, but HATE doing this kind of thing, there are plenty of jobs we could use help with.

TO MAKE RESERVATIONS OR VOLUNTEER, CALL MARJ WEIR AT 863-7558 EVENINGS OR LANA STEIN AT 721-7532.

Editor's Notebook

by Lana Stein

My message this month is very brief. As I sit at the computer, the mayoral election is just 9 days away. I do not have the ability, nor necessarily the desire, to forecast the result. My major hope is that whomever wins, St. Louisans from all neighborhoods will unite to work for a better city and fight about policy instead of petty matters. Things may not get better for a long while. Many problems are deep-seated and revenue shortfalls are very real. But,

the situation can only worsen if divisions sharpen.

On another matter, I would like to thank all those who sent donations to the paper the last two months. Thanks for your support. Again, I would like to ask for articles or announcements for the paper. If your block unit or church is having an activity, let us know. If we can, we will take a picture or two so that more neighbors can find out about what's going on.

To Our Neighbors Who Put Up With Dog Droppings on Their Lawns and Curbs

I walk my dog each morning around the neighborhood and each afternoon in the park. I pass at least two to three other hardy souls each morning, dutifully giving their protectors and companions a limited amount of attention and exercise before leaving for their respective occupations. Only once have I seen a new dog owner fail to pick up after his pet. With obvious and rightful reprimands, this person was seen henceforth with the appropriate scooper or plastic bag. I feel a more present aggravation comes from ownerless or free roaming animals that have no one to control their droppings, resulting, I fear, in anger misdirected at those owners who are visible.

Tim Smith

Income Tax Help

On Saturday afternoons from 2-4pm., the New Cote Brillante Church of God, at Washington and Skinker, will have an accredited tax expert present to help anyone in the neighborhood with their income tax returns. For more information, contact the church at 727-3550.

Redel's Will Reopen in April

Redel's, a frequent gathering place at lunch and dinner for many Skinker DeBaliverites, and, no doubt, our most famous neighborhood culinary emporium, was closed by a kitchen fire in January. Signs of rebuilding abound and we will all be delighted at the projected April reopening.



West End Wines

fine wines, beers, spirits & cheeses

Experience Diversity

Treat Your Self To The Wine Bar



309 Belt at Pershing
DeBaliviere Place

367-3049
Tues-Sat 11am - 8 pm

The TIMES of... SKINKER DEBALIVIERE

Editor: Lana Stein
Business Manager: Marj Weir
Production Manager: Venita Lake

The Times of Skinker DeBaliviere is published by the West End Publishing Co., a not-for-profit, community organization. Members of the Board of Directors are:

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(10% discount 5 to 8 issues contract; 15% discount 9 issues contract.)

For complete list of sizes and rates, write

The Times, 6010 Kingsbury, 63112 or call 863-7558.

Guidelines for Submitting Copy

The Times welcomes unsolicited articles and letters. Because of the small size and volunteer nature of the writing staff, the quality and range of The Times has always depended in large part on submissions from non-staff area residents.

All material—articles, letters, notices, classified ads—must be typewritten on opaque paper, double-spaced, and signed. Signature on correspondence to the editor may be omitted by request. Calendar listings should be phoned or mailed to 6010 Kingsbury. Deadline for all copy is the 15th of the month.

In a news article it is essential that the writer state the most important information in the first paragraph. The writer is responsible for the accuracy of the data, including times, dates, location and particularly the spelling of names.

Any pictures or illustrations submitted should be black and white.

The Editor retains the right to omit or alter any material.

Send all correspondence to 6010 Kingsbury, 63112. Deadline: 15th of the month or call 721-7532.

CALENDAR



NEIGHBORHOOD MEETINGS

3/8
SDCC Board of Directors Meeting, 6010 Kingsbury, all are welcome, 7:30pm.

3/13
St. Roch's Parish "Little Auction"

4/12
SDCC Board of Directors Meeting, 6010 Kingsbury, 7:30pm.

4/17
TIMES OF SKINKER DEBALIVIERE FUNDRAISER - Trivial Pursuit - at New City School. Call 863-7558 for details.

OTHER EVENTS OF INTEREST now-12/93

"Agenda Equality: The St. Louis Urban League at 75" at the History Museum.

now-4/25
"Matisse: Image Into Sign," a special exhibition of 27 paintings, drawings and cutouts selected from the later works of Henri Matisse. In Galleries 209, 210, 211 at the Art Museum.

now-4/8
"Visions of the People: A Pictorial History of Plains Indian Life" at the Art Museum.

3/7
Spring Fine Arts and Crafts Show of the Artists Boutique, at Kirkwood Community Center, 111 S. Geyer, 10am-4pm.

3/9
The Wells Ensemble, woodwind quartet, at CASA, 560 Trinity, U City, 8pm.

3/11
"Familiar Streets: St. Louis Neighborhoods and Their Role in the Life of the Community," with Eric Sandweiss, Research Director of the

Historical Society, Priscilla Dowden of the UMSL History Dept. and John Wright. Free at the Library and Collections Center, 225 S. Skinker, 7pm.

3/12-3/14
The Frank Fowle Children's Theatre Series presents "Freedom Train" at COCA, 524 Trinity, U City. Call 725-6555 for times and prices.

3/14
"Voices of the Rock," gospel choir from St. Alphonsus "Rock" Church will perform a concert of contemporary and gospel music. Free. History Museum in Forest Park, 2pm.

3/9-4/1
"The Speed of Darkness," a drama about Vietnam veterans' battles after the war, at the Orthwein Theatre. Call 995-7300 for ticket information.

3/20
"Missouri Traditions: Irish Fare," dance and live music, History Museum, free, 10:30am.

3/25
Noted urban historian Zane Miller will speak of past efforts to rehabilitate an inner-city neighborhood with the tools of historic preservation, "Planning the Persisting Past: Cincinnati's Over-the-Rhine Since 1948." At the Library and Collections center of the MO Historical Society, 225 S. Skinker. Free. 7pm.

4/4
"Mending Broken Homes: Housing Development and Redevelopment Since World War II: at the History Museum with Carolyn Clouch, Neighborhood Housing Services, John Bogdanor of the Homebuilders and Richard Baron. Free. 2pm.

4/2-4/11
Sondheim's "A Little Night Music" at the Edison Theatre, Washington U., call 935-6543 for times and prices.

Contributors to the Times - Oct. 1992 - Feb. 1993

Jim and Ann Ackerson
Janine Blair
Blueberry Hill
Shirley Bissen and Peter Lukasiewicz
Dawn Blobaum and Jim Bartl
Bette and Joe Botz
Ken Cohen and Margie Brammeier
Wilma Cantwell
Brian Clevinger
Connie Deschamps
Nancy Farmer
Catherine Forslund and B. Roy Roncal
Jim and Susan Gamble
Frederick and Judith Giraud
Lily B. Greene
Patricia Hartman
Dee Joyce-Hayes and Gary Hayes
Tom and Karleen Hoerr
Dorothy J. Hood
Daniel and Ingrid Keleti
Marsha Kerz
Paul and Katie Kurtz
Rick and Venita Lake
Jerry and Claudia Lawrenz
Agnes Lardeau
Michael and Ellen Lowenstein
Trisha and Bob Martin
Dan and Jill McGuire
Gary and Anne Miller
Jacqueline and Winston Miller

Peggy Neilson
Al and Shirley Polk
Hitch and Mary Powell
Rosedale Neighborhood Association
Sue and Sandy Rothschild
Dave and Barbara Schmidt
Mary and Peter Schmit
Lucille and Vince Schöemehl
King and Dee Schoenfeld
Richard and Hillary Shewmaker
Mary Ann Shickman
Marian and Jesse Simms
Tim and Mary Smith
Sylvia Stahl
Lana Stein
Ernest W. Stix, Jr.
Robert Stock
Robin and Darrell Stoecklin
George and Rose Storey
Debbie Twellmann
Meg Ullmann
JoAnn and Neville Vatcha
Jan Waits
Mrs. Norbury Wayman
Arlene Webb
Marj and Brad Weir
Kathleen Williams and Dan Shea
Maverine Wilson
Ron and Maren Yeska
Larry Zarin & Lisa Orden Zarin
John Zoll

Grace Methodist's New Pastor: B.G. Richardson

by Lana Stein

In mid-June of last year, B. G. (or Bill) Richardson became pastor of Grace United Methodist Church. Rev. Richardson is originally from Missouri's Bootheel. He attended Memphis State University, actually the closest to his boyhood home, and then became an accountant. He worked for the Vision Craft Corporation in Memphis. He became a minister in 1968 and attended the Eden Seminary in Webster Groves until 1972. Because he already had a family he was able to get a student appointment while he attended the seminary. He served two small churches while also going to school fulltime.

Subsequently, he served for six years in Grey Summit in Franklin County and then nine years in Pacific. His last seven years before coming to Grace Methodist were spent at a church in Wentzville.

Richardson is married to his childhood sweetheart. Mrs. Richardson is a skilled craftsperson who makes porcelaine dolls. The Richardsons have four children and six grandchildren. One son is in the entertainment business. He is an audio engineer and has worked for Tony Orlando, Frank Sinatra, Kenny Loggins, and John Bon Jovi.

Rev. Richardson indicated that his first impression of Grace United Methodist was based on its very beautiful building. He did not step inside until after his appointment was made and was overwhelmed. He and his wife live in Parkview and they

find it a wonderful place to live.

Although he is still discovering the Skinker DeBaliviere area, he has high praise for the efforts of the Council and its supporting institutions to stabilize the community. He was surprised to see that parishioners return to Grace from all over the St. Louis area. After his appointment, a series of get-acquainted evenings took place in various parishioners' homes. Some were in Kirkwood, Webster Groves, and west of 270 as well as closer to home in the central west end. It was evident that people had deep roots in Grace United Methodist Church.

Rev. Richardson stated that there is a resurgence of interest on the part of the United Methodist Church in city churches. This denomination almost gave up on the central city. But, because churches like Grace stood firm, the denomination finally recognized that. It has turned resources and leadership in that direction even though once large and wealthy congregations are no longer there with the same size and resources. The denomination will strengthen ways of investing in the city.

Enjoying his new position, Rev. Richardson



Rev. Bill Richardson

plans greater participation for Grace United Methodist in the Skinker DeBaliviere Community Council and its projects.

Grace Pre-school Opens Enrollment

Enrollment is now open for the 1993-1994 school year at Grace Pre-School, 6199 Waterman, 863-1992. The pre-school perhaps ought to be renamed the Grace International Pre-School. In September, there was a student from Yugoslavia unable to speak English and two young girls from Korea who spoke very little English. A fourth student from Russia also had no English ability. These students all adapted well because of the bi-lingual director of the school, Dolores Hoefel, whose translation skills enabled these children to be understood. Enrollment is

open now and parents are encouraged to visit!



News from Cub Scout Pack 31

by Sara Rohan Newton, Den Leader Coach

Cub Scout Pack 31 is chartered to the Grace United Methodist Church at 6199 Waterman and has been since 1931.

On January 14, 1993, Ralph Eglin Wafer, Cubmaster of Pack 31, received the St. Louis Area Council of the Boy Scouts of America Keystone District's Highest Award for service to area scouting. Mr. Wafer received the District Award of Merit at the Annual Keystone Dinner. Mr. Wafer serves scouting as Cubmaster to Pack 31, Assistant Scoutmaster at Troop 98 and as an advisor for the Keystone District.

Pack 31 will hold a sign-up night at their March 25 Pack Meeting. Any boys who will be in second, third, fourth, or fifth grade for the 1993-94 school year are invited to join cubscouting.

The Pack meeting is in Fellowship Hall at Grace. A parent or guardian must accompany the boy. Pack 31 is a parent-run pack and welcomes parental volunteers as den leaders or committee members.

For more information about Pack 31, please contact myself, Sara Newton, at 727-4071 or Ralph Wafer at 652-3135.

NEIGHBORHOOD ASSISTANCE PROGRAM TAX CREDITS

Did you know that you may be eligible to donate money, services, equipment, materials or real estate to Skinker DeBaliviere Community Council in exchange for tax credits?

If you are a company or an individual doing business in the state of Missouri, your donation may qualify for state tax credits through the Neighborhood Assistance Program (NAP). Almost every form of business can qualify for the credits; even part time businesses can qualify. For example, a person who owns and manages rental property qualifies as a business, and can apply for a tax credit.

The State of Missouri Department of Economic Development administers the NAP as a way for businesses

to redirect their tax dollars in order to help finance local projects. Acting as an incentive for business involvement, the state tax credit not only stretches the amount a business might normally be able to give, but it also provides an opportunity for private business, state government and the non-profit sector to cooperate as "partners" in addressing community needs. A business that makes a contribution to SDCC is eligible to apply for a credit on their state income tax equal to 50% of the value of their donation.

If you are interested in more information about eligible donations, please call SDCC at 862-5122. Your donation will help us help our neighborhood!

Project Blitz Is Coming on May 1

Project Blitz, Operation Brightside's citywide clean-up will take place on Saturday, May 1, in Skinker DeBaliviere. Operation Brightside will provide tools, trash bags and flowers to volunteers who want them. Wood chips will also be available at Visitation Park, Belt and Cabanne. Flowers may only be planted on public property.

Special Blitz trucks will be in the neighborhood on May 1 and will empty the trash and yard waste dumpsters. There also will be a special bulk pick-up.

Once again cash awards will be given to neighborhoods for special projects. Regional prizes will be given for "Best Beautification," "Best

Clean-Up," and a new category, "Deck-the-Dumpsters," a contest rewarding the best painting of the "Yard Waste Only" dumpsters!

For more information about the Blitz, contact the SDCC at 862-5122



Voted (RFT Poll)

#1 BURGER

#1 Best Decor
#1 Best Jukebox
#1 Restaurant Bar

Grace Pre-School

6199 Waterman Blvd. • 863-1992
Half Day or Extended Day Program

Individual Guidance • Creative Learning
Ages 2 1/2 - 6 Years

Applications are now being accepted.
Please call or stop by for a tour.

Bi-Lingual Director/Teacher

31 Years of Serving the Community

Celebrate Springtime in Saint Louis!

Make Spring last all year long with this colorful *Springtime in Saint Louis* t-shirt sporting bright yellow daffodils blooming under the Arch.

T-shirts are only \$8.00 each and proceeds benefit Operation Brightside.

Springtime in Saint Louis is printed on a high quality, white, Hanes t-shirt made of 50% cotton and 50% polyester. Shirts are available in adult sizes: Small, Medium, Large and Extra Large.

Neighborhood organizations can earn \$1.00 for every shirt ordered through your organization. Call instructions.

If your organization does not partici-

ate in ordering shirts, please let neighborhood residents know that they can buy *Springtime in Saint Louis* shirts by sending \$8.00 plus \$3.00 for shipping and handling for each shirt ordered to Operation Brightside. Extra, Extra Large (XXL) are available for \$9.00 plus \$3.00 for shipping and handling. Please indicate sizes and quantities needed.

Springtime in Saint Louis shirts make great gifts for birthdays, Secretary's Day, Mother's Day, Easter, etc.

Please allow 2-3 weeks for delivery.

You can save shipping and handling charges by stopping by the Operation Brightside office. For more information call 781-4556.



A Report from Jefferson City

by State Representative Nancy Farmer

And I thought I was busy in 1992. Actually, the rigors of the campaign for 64th District state representative last year have proven to be good training for the job. Beginning with the swearing-in January 6, I've kept very busy in the Capitol Monday-Thursday and at home on the weekends. The best part is, I couldn't be happier.

The House of Representatives currently meets less than two hours a day (sometimes only 15 minutes), beginning at 10:00 a.m. Tuesday, Wednesday, Thursday, and at 4:00 p.m. on Mondays. However, House committees and caucuses begin meetings as early as 7:30 a.m. and as late as 8:00 p.m.

The Speaker of the House, elected by the members during the first session, makes all committee appointments. I have been appointed to five committees: Appropriations - Natural and Economic Resources, Corrections and State Institutions, Elementary and Secondary Education, Municipal Corporations (which deals with bills that affect the St. Louis area), and Public Health and Safety.

The busiest committee at this point in the session is, of course, the Appropriations Committee. Only one bill came out of this committee, HB 7. That one Bill, however, recommended budget appropriations for several state

departments and their respective divisions including Agriculture, Conservation, Economic Development, Insurance, Labor, and Natural Resources. Most of the Appropriations Committees have met two to four hours a day. Our work was finished this week, February 15, and HB 7 was sent to the Budget Committee.

As the Appropriations Committees finish their work, other standing committees (about 40) were scheduled for the first "reporting in" of two or three bills that they have voted "Do Pass." The House began meeting both in the mornings and afternoons to consider these bills, the week of February 22.

The other committees that I serve currently meet about two hours a week to hear and vote on bills that the speaker has assigned to them. Space doesn't allow me to detail committee activities in this article, but I hope to submit a column about each of the committees on which I serve for future issues of the TIMES.

Besides committees, I am also a member of four caucuses: House Democrats, Freshman Democrats, Women Legislators, and the Democrats' Study Group. The House Democrats do not caucus on a regular basis. We met before the session to elect party leadership including a chair, floor leader, assistant floor leader, secretary, and whip. Their work is on-going throughout the session, especially on the floor of the house.

The Freshmen Democrats meet

once a week, essentially for orientation to House rules and procedures. The Women Legislators is a bi-partisan group that meets biweekly. I am delighted to serve on the Legislative Priority Committee of this caucus which meets once a week. The Democrats' Study Group also meets once a week on Monday nights to review any bills that may be coming up for debate that week and to hear presentations by guest speakers.

I head home Thursday afternoons or evenings and the weekends are filled with meetings, political events, phone calls and the mundane necessities of life—laundry, shopping, etc. I try to spend a little time on Fridays with SDCC's new executive director, Kim Koehnig. (The Council is in capable, hard working hands!)

I hope this overview gives you an idea of how I spend my time. Again, while the schedule is hectic, I couldn't be happier. Serving you as state representative of the 64th district is an exciting and challenging experience.

If you visit the Capitol, please stop by my office, 400c. If I can be of assistance to you, don't hesitate to call: 751-1400 (office), 721-3083 (St. Louis). Any correspondence should be mailed to: House Post Office, State Capitol, Jefferson City MO 65101-6806. I look forward to hearing from you.

Watch for details about a Town Hall Meeting I hope to sponsor in March!



Delmar Revitalization Proceeds

As you walk along or drive past Delmar between Skinker and DeBaliviere, you will find that 84 Autumn Purple Ash trees have been planted thanks to the Commercial Theme District grant. In addition, a number of businesses have ordered awnings through this grant that will further enhance the area. These businesses include: Unique Art, Radiant Products, Art Directions, Sunshine Academy, Pawnmasters, Colonial Rug, Palomino Lounge, Happy Taco, Gingiss, and Rossi Trust (owners of building at northeast corner of Skinker and Delmar).

Banners designed by Denise Boone for Delmar have been ordered and will be in place by March 5. To celebrate this event, business owners on Delmar, Commercial District Committee and SDCC Board members, and elected officials, and others interested in improvements to Delmar will gather at the Wabash Triangle Cafe on Friday, March 5, at 5:30 p.m. The trees, the banners, the awnings are all visible signs of revitalization.



Left, Sketch for the proposed banner design. Right, Trees in front of Automotive Classics, 6135 Delmar as well as in front of Happy Taco



Pet Talk

by Stephen A. Brammeier, D.V.M.



Photo By: Jeff Schoenfeld

Feline Leukemia Virus (FeLV) and Feline Immunodeficiency Virus (FIV) weaken the immune system of cats. FeLV is a retrovirus and FIV is a subgroup known as a lentivirus; prehistoric rats may have been the origin of both. FeLV was discovered in 1964. The next decade brought accurate diagnostic tests. Sensitive to environmental condi-

tions, these viruses deteriorate rapidly outside the body. Household disinfectants kill FeLV and FIV. Although both viruses affect a cat's immune system, FIV causes Feline Acquired Immunodeficiency Syndrome (FAIDS). FIV is not contagious to humans and there is no known link between FIV in cats, and HIV in humans. Owners need information about both viruses; education fosters informed decisions about protecting family pets.

FeLV and FIV are infectious, but not highly contagious, spreading from cat to cat via bites, and possibly scratches; the virus is shed in saliva. Because cats living in multi-cat households often groom each other, transmission in this manner is technically possible, but unlikely. Outdoor cats displaying their normal territorial instincts are likely to fight with other cats; these cats are high risk to acquire FIV or FeLV. Random studies suggest 10% of the cat population is infected with FeLV, 5-7% with FIV.

Once infected, the animals progress through different stages of disease. Early symptoms: swollen lymph nodes, low-grade fever, scruffy hair coat, and lethargy may go unnoticed by owners. Some cats recover at this point, virus free. Persistent infection causes death in an average of 3.8 years. Occasionally, the infection becomes latent

(dormant), until another physical stress activates the virus. Affected cats have a variety of clinical disorders: weight loss, anemia, chronic severe gingivitis or oral ulcers, blindness, cancers affecting various organ systems, and recurrent infections. Various treatments are possible; many will improve immediate problems, successfully prolonging the life of an infected cat. A cure is not available at this time.

Keeping your cat indoors is the best protection against FeLV and FIV. A vaccine is available for FeLV. Any cat allowed outdoors should be vaccinated. There is no vaccine for FIV. If a cat tests "weakly" positive for FeLV, the vaccine may bolster the cat's resistance helping to "throw off" the virus. In-house tests for FeLV and FIV are available at most veterinary facilities. The test is a useful diagnostic aid and a means of screening healthy cats to determine carrier states. Before a new cat is introduced to resident indoor cats, the new cat should be tested for FeLV and FIV. Certain situations warrant repeated testing, and others, occasional testing.

Further information about FeLV and FIV is available from veterinarians. Anyone considering purchasing a pure-bred cat should insist on proof of FeLV and FIV negative parentage of the kitten to be purchased. These potentially fatal viruses represent less danger when a pet owner is aware of the risks, and takes the preventative measures necessary to protect their cats.

(Dr. Brammeier will appear on the noon news on KTVI, Channel 2, every other Friday, beginning on February 26.)

A Business Update

**Feinberg Realty is now occupying office space at the corner of McPherson and Skinker, former home to the Elliot Smith Gallery. Joining them are Images in Hair and our branch public library.

**2 Black Cats is relocating to the corner of Belt and Pershing (former home of the Bangkok Cafe) any time now.

**The Wildflour Pizza and Cafe on Pershing is a little behind schedule but will open soon.

**Taco Bell is coming to Skinker north of Delmar. It will join Lee's Famous Recipe Chicken just north of Vernon.

**Ruff's Restaurant and Catering is planning on opening in March on Delmar at the corner of Rosedale. Mr. Ruff promises lasagna and meatball sandwiches and other homemade treats.

**The owners of the vacant land at DeBaliviere and DeGiverville have been trying to interest Walgreen's (again, again) in moving to this location. They have assured nearby residents that the store would have limited hours and no liquor sales whatsoever. The owners, Walgreen's and the Council would have to enter into a legally binding agreement to these and other conditions if there were to be support for the development. Even under these circumstances, sentiment is very mixed. At the same time, Bistate has expressed interest in the land for a parking lot and eventually a multistory parking facility. More to come on this...

**The long vacant apartment building on the 59xx block of McPherson next door to 5900 Nina Pl. is being rehabbed for rentals by Gloria Montano and Lourdes Henares-Levy, M.D.

From the Office of the State Senator

William L. Clay, Jr.

Senator Clay has introduced a number of bills in the first weeks of the session:

1. A bill to make a crime the use of a minor in unlawful activities involving controlled substances;
2. A bill requiring a licensed attorney to sit on the St. Louis Police Board.
3. A bill requiring that whenever the state university or any other four college increases its admission standards, a program shall be established to insure that the parents of at least 30% of the incoming freshman class had an income of \$30,000 (1 parent family) or less.
4. A bill providing for voter registration on election day.
5. A bill providing for affirmative action in the gaming commission.
6. A bill to grant public employees collective bargaining rights.

Senator Clay also reports that the Senate approved Gambling Legislation by a vote of 29-2. Senator Clay's address is Room 429, State Capitol; Jefferson City MO 65101. His telephone number in Jefferson City is 1-751-2229.

AIDS Foundation Plans 4th Annual Walk

The AIDS Foundation of St. Louis will hold its annual fund-raising walk in Forest Park on Sunday, June 13. Entitled "From All Walks of Life," this event has raised money for 14 St. Louis area HIV/AIDS service and educational organizations. Deanne Lane of Channel 5 once again will host the event. Last year, over 4,000 people participated. Volunteers are needed to participate in and to put on this walk. If you would like additional information or would like to volunteer, call 727-4475.

KINGSBURY ANIMAL HOSPITAL
420 N. Skinker (at Kingsbury)
Stephen A. Brammeier DVM
Mary Ann Bolser DVM
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Skinker Debaliviere Community Council

BOARD MEETING

DECEMBER 15, 1992

Attending the meeting were: Directors A. Smith-Carr, C. Forslund, G. Fox, R. Johnson, S. Johnson, R. Roncal, L. Stein, N. Vatcha, A. Webb, J. Wright, Executive Director and Representative-Elect N. Farmer, and new Executive Director K. Koenig.

The meeting was called to order at 7:36 p.m.

New Business. K. Koenig was introduced as the new Executive Director, effective 1/4/93.

A presentation about the Union Electric Sub-Station at 5622 Delmar was given by guests Geoffrey Douglas and John Williamson of Union Electric. Jill Owens, of Heritage and Urban Design, also was present. U.E. wants to demolish the brick structure surrounding the present sub-station because the building is in poor condition, and they would like to update and replace old equipment. The proposed new sub-station will not be enclosed. C. Forslund recommended that a sub-committee be established to further examine this issue, and reach a decision by the second week of January. L. Stein, R. Johnson, N. Vatcha, C. Forslund, and K. Koenig agreed to serve on this

committee.

J. Wright moved "That minutes of the November Board meeting be approved as read"; seconded by L. Stein and approved.

Treasurer's Report. Cash statements for the months of October and November were reviewed. L. Stein moved "That the treasurer's report be accepted as reviewed"; seconded by A. Webb and approved.

DeGiverville. S. Polk reported on the recent success of Old Newsboys Day.

Housing Corporation. No report.

Kingsbury Square R. Johnson reported that the park was decorated for Christmas, and that refreshments were served after a night of Christmas Caroling.

M.L. King Commemoration J. Wright and R. Johnson reported that planning for the commemoration on January 10, 1993 is moving forward. The next meeting is scheduled for Monday, December 21, 1992.

Nina Place. No report.

Parkview. No report.

Rosedale. No report.

Director's Report.

Ruff's N. Farmer reported that she thought SDCC should respond to the articles in the Riverfront Times concerning Ruff's Catering and Carry Out. Alderman D. McGuire stated that Ruff is planning an appeal.

R. Blackburn will retire from Washington University effective 12/31/92.

N. Farmer tendered her letter of resignation to the Board.

The January-February meeting was scheduled for Tuesday, January 26, 1993 at 7:30 p.m.

The meeting adjourned at 8:35 p.m.

BOARD MEETING

JANUARY 26, 1993

Attending the meeting were: Directors F. Driscoll, C. Forslund, G. Fox, R. Johnson, S. Johnson, M. Merritt, R. Roncal, L. Stein, A. Webb, Executive Director Kim Koenig, and ConSero Officer J. Waits.

The meeting was called to order at 7:39 p.m.

New Business. A presentation was made by Pat Kelly on the proposed development of a Walgreens at 271-87 DeBaliviere. They presented the same site plan as previously shown. They provided answers to questions that were raised at the community meeting on 1/20/93. The development calls for 88 parking spaces on the site. Deliveries will be once a week, and not after 11:00 p.m. or before 7 a.m. (the store's hours). A landscaping plan will be presented to the Board prior to going the Heritage and Urban Design. Walgreens requests 3 signs: one at the entrance, and two on the building ("Walgreens and "Pharmacy"). Twenty-four hour security is proposed if the cost can be shared by all the existing businesses. The owner has contracted with Mills Group to keep the premises clean. A proposed resolution was drafted and presented by K. Koenig as a discussion item outlining acceptable/unacceptable conditions of the proposed development.

After much discussion, the resolution was amended. The Board agreed to consult with Alderman McGuire as to how we can implement an enforceable agreement between SDCC and the owner. We need a binding agreement that illustrates terms and conditions acceptable for the proposed development to occur.

The Board resolved "That the Skinker DeBaliviere Community Council authorizes the Executive Committee of the Board and a resident of 5700 DeGiverville to deliver a formal decision on behalf of this organization." F. Driscoll moved "That the Revised Resolution be accepted"; seconded by A. Webb and approved.

L. Stein moved "That the minutes of the December Board meeting be approved as read"; seconded by A. Johnson and approved.

The treasurer's report and the Cash Statement for the month of December was reviewed. F. Driscoll moved, "That the treasurer's report be accepted as reviewed"; seconded by R. Roncal

and approved.

DeGiverville A. Johnson reported that a resident at 5927 DeGiverville is causing problems for the block. A meeting to address this problem will be held on Thursday, February 4, at SDCC with Captain David Heath, J. Waits, K. Koenig, and block residents in attendance. Also D. Gates of 5900 DeGiverville is continuously parking his cab on the street. K. Koenig will follow up with a letter to him.

Housing Corporation. No Report.

Kingsbury Square. No Report.

M.L. King Commemoration. K. Koenig reported in J. Wright's absence, delivering thanks to all who participated in the celebration.

Nina Place. L. Stein reported that a 6-family building on McPherson is being renovated. Presently, there is no building on Nina Place. The board members are upset because Nina Place has not been developed as promised.

Parkview. No Report.

Rosedale. No Report.

Social Service. C. Forslund reported that there is interest in re-energizing this committee. G. Fox will contact W. Cantwell to reassume chairmanship of this committee. B. Bender, W. Cantwell, G. Fox, S. Polk, A. Smith-Carr, and K. Koenig will comprise this committee. The neighborhood churches will also be contacted prior to the first committee meeting.

C. Forslund will contact B. Collins, the Recreation Committee Chairperson, about Operation Teamwork as a possible summer youth program.

Commercial Planning. L. Stein reported that 77 trees have been planted on Delmar between Skinker and DeBaliviere. Also, D. Boone, the winner of our banner competition, is completing modifications on her entry according to B. Christman's suggestions. Banners will be produced by late February.

Nominating Committee The Executive Committee will submit names for the slate which will be presented at the March 8th SDCC Board meeting. G. Fox inquired as to whether the by-laws stated that officers had to be Board members. K. Koenig will research this.

Director's Report

Ruff's K. Koenig stated that Ruff's was granted a permit according to conditions outlined by Alderman McGuire.

Union Electric. U.E. will have two to three renderings of substation possibilities by Friday, February 5th. The sub-committee will review these, vote on an acceptable choice, and deliver a decision to U.E.

West End Arts Council RAC Grant. The grant proposal was completed on Friday, January 22. We asked RAC for funding to continue YAHOO and a senior citizens art program (GEEZERS).

Office Equipment K. Koenig proposed that we replace our present copier with a reconditioned CANON 1215 from Datamax. L. Stein moved "That the proposal to purchase a new copier be accepted"; seconded by F. Driscoll and approved.

Staff Request. C. Vatcha received full time employment elsewhere. Presently, she will work only 6 hours a week. K. Koenig asked for a part time assistant who could work approximately 15 hours a week. Anyone who had suggestions will let K. Koenig know.

CWE Association Membership. K. Koenig proposed that we pursue a membership with CWE Association, and asked for any opinions. Ald. D. McGuire stated that it might be a good idea to explore this option. K. Koenig and D. McGuire will talk to CWE Association and report back at the March 8th Board meeting.

The next meeting is scheduled for Monday, March 8, 1993 at 7:30 p.m.

The meeting adjourned at 9:58 p.m.

Vicissitudes

by Marj Weir



Young people participating in the YAHOO artist program for 1992-93 with artist Bill Christman trying the St. Patrick's costumes they made for the 1993 Mardi Gras parade. Their float was titled "Whoops, wrong parade."

L to R: Billy Chavez (Sheep's Head), John McGuire, SamDiLorenzo, Patricia Chavez, Jeremy Schoenfeld, Carla Beyer, and Lucy Griesbach.

This month the news that reached my ears was mostly about the younger generation in our midst. They continue to achieve and bring us reflected glory.

Ketti Hoefel, daughter of Dolores and Gene Hoefel of the 6100 block of McPherson, is getting ready to embark on a career in fashion design. She

will graduate from Washington University's School of Fashion Design in May and will be scouting for jobs in New York over her Spring break. Our readers who also receive the *St. Louis Post-Dispatch* will have seen some of Ketti's designs in the Style section of the Sunday paper in early February. She's one of two Wash. U. students selected to present designs as part of a Paris design competition. Last summer Ketti worked in a Chicago fashion house called I.B. Diffusion getting the ever-valuable "experience" to go with her training. We'll all be looking forward to owning an original "Ketti" some time in the future. Our Yahoo program participants, led by Bill Christman, helped the Soulard neighborhood celebrate

the Lenten season from a float in their Mardi Gras parade on February 20. They designed and made their own costumes in what Christman called an "off-beat theme."

Congratulations are due Catherine Forslund, president of SDCC, on passing her oral exams for her Ph.D. She is a finalist for an Eisenhower fellowship, which will assist her in completing her doctoral thesis on "Anna Chennault and American Foreign Policy."

Lu Green has recently taken a new job as development director for Lutheran Family and Children's Services. Building support and enthusiasm for any project are among Lu's great talents. We congratulate the Lutheran Family and Children's Service on their choice.

Your news probably won't be in *The Times* unless you call or write! Call Marj Weir, 863-7558, or send your item (and your phone # for followup) to Marj at 6120 Westminster, 63112.

Cincinnati Style Chili

by Dee Schoenfeld

A couple we met some years back, who have since divorced and gone their separate ways, introduced our family to Cincinnati-style chili. We can't help but remember them (their son was a friend of our oldest son), and we share the recipe with others who make it tangible reminder of former times and friends.

As chili recipes go, Cincinnati-style chili is a welcome relief from the usual, though some may find its sweet spices strange at first. Cooking the ground beef by boiling allows you to remove much of the fat—a healthy touch.

It makes a good do-it-yourself dish at parties; it is chili meant to be "customized."

RECIPE:

- 2 lb. ground beef
- 2 medium onions, chopped
- 1 quart water
- 1 (16 oz.) can tomatos (undrained)
- 1 1/2 tsp. vinegar
- 1 tsp. Worcestershire sauce
- 1 Tbsp. chili powder
- 2 tsp. ground cumin
- 1 1/2 tsp. ground allspice
- 1 1/2 tsp. salt
- 1 tsp. cayenne pepper
- 1 tsp. ground cinnamon
- 1/2 tsp. garlic powder
- 2 bay leaves

EXTRAS:

- hot, cooked spaghetti
- 1 1/2 cup shredded cheddar cheese
- 1 cup chopped onion
- 1 can heated kidney beans

Combine the ground beef, onions and water in a large saucepan and simmer until the beef turns brown. Add all ingredients, except extras. Cover and simmer 3 hours. Skim off fat.

The chili may simply be poured over spaghetti. Make it "3-way" by adding shredded cheese. Fix it "4-way" by adding cheese and onion. Or make it "5-way" with the cheese, onion and beans. Don't forget the oyster crackers!

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In Your Ear

by Tom Hawkeye Hoerr

I was at a meeting today and I heard the speaker say that the problem of the 90's, the REAL problem of the 90's, is "time deprivation." Boy, when I heard this, bells rang! Time deprivation. Not enough time. Too much to do. Too many things to be done. Time deprivation. There simply aren't enough hours in the day. And then shortly after that I was chatting with a colleague. She said that she'd joined a health club. "That's great," I said, "what caused you to start working out?" I asked. "It's just wonderful," she replied, "I can read my mail while I ride the stationary bike. And if I finish going through my mail, I can read the paper while exercising."

Of course, while she and I were having this conversation, I was thinking of what I needed to do when I returned to work. And I was cagily looking around the room to see who else I knew and where I ought to be "networking." And she was probably thinking of something else too. It's not that we weren't interested in one another, but we were trying to save time. Talking to one another, just doing one thing, doesn't cut it anymore.

As I write this column, I am sitting in a plane on a runway at Chicago's Midway Airport. People are still boarding. (By the way, and this is a topic for a future "In Your Ear", no one, absolutely no one, is carrying the appropriate number of bags. Everyone is squeezing down the aisle with their hands full, carrying "carry-on" baggage that is far too big to be carried on. Most folks are carrying on luggage and packages that would give a skycap a double hernia.) Anyway, I'm absolutely delighted to be sitting here in a plane, writing away on my IBM notebook computer. Every minute that I can write now is a minute that I'll have for some other labor-saving device at home. And why is the flight packed like sardines?

Because 100+ other people want to save time and fly 600 miles to St. Louis in 48 minutes rather than spend six hours driving on the pavement. I've got to hurry up so I can save some time. I don't know why time is so much more elusive than it used to be. Oh sure, it's easy to say that the 80's and 90's are more pressure-packed and fast-paced than earlier times. I believe that, but is it really true? If we could get in a time capsule with Scott Backula and go back to the 40's or 50's, were they really that much more casual? Didn't they think they were busy then? If you doubt it, consider this question: In twenty years, won't people think of the 90's as a relaxed era? In 1956 we didn't have personal computers, car phones, microwave ovens, Nintendo, FAX machines, photocopiers, instant coffee makers, portable phones, digital watches and beepers, VCRs, or FM radio. There were only three television channels, and most of the country didn't even have all of them. Airplanes still had propellers and the majority of folks had never flown. But were they, the times and folks of the 50's, really that much slower? Did that much less get done? I don't think so. For all of our progress, for all of our ability to do things faster, I'm not sure that we really get that much more done. I'm even less sure that what gets done gets done better. I can remember a decade or so when I got my first computer. I made all of these plans for what I'd do with the time that it saved me. Well, surprise of surprises, having a personal computer really didn't save me any time at all. I wrote more memos, I wrote longer memos. And I wrote more longer memos. My computer didn't

save me any time, and it cost my readers quite a bit. Now they had longer memos to read, and more of them. And the quality of my memos? Well, one big advantage is that the stuff that I write on computers can be read. My handwriting has always resembled the marks made by a chicken which stepped in ink and walked across paper, so typewritten comments are a big improvement. But I'm begging the issue: Did my memos improve? I think not. I still tend to be, according to my editors, both in The Times of Skinker-DeBaliviere and at work, wordy and a bit recondite. And then the first wife and I bought a microwave for the kitchen. (This was less of an extravagance than you might think. A few months earlier we found out that our stove had a broken gas line, and decided not to repair it, choosing to simply seal the line instead. It was much cheaper, and given our home eating habits — subsisting largely on bagels, cereal, Domino's pizza, and Hostess cupcakes — it was really no problem. Anyway, I can remember driving home from Tipton Electronics store with the microwave in the back seat. The wife ripped open the box with glee and read aloud the possibilities: "We can bake a potato in three minutes!" she yelled. "Get this, it will reheat a cup of coffee in 60 seconds." I hit the horn with excitement. "And look," she shrieked, "We can cook a pot roast in 30 minutes." It was more than I could handle. What ever would we do with all of that extra time? Alas, the microwave, to put it mildly, was not a great success. First, we never really figured out how to work it. Oh, we know how to set the timer and press "cook," but that's it. There are a zillion little controls and buttons that we've never had the time to learn how to use. Too bad, they could save us more time. Second, we don't eat red meat; heck, we don't even eat brown meat. We never ate pot roasts before and we wouldn't be eating them now even if we were eating red meat. If pot roasts were green meat, we wouldn't eat them. Who can wait 30 minutes to eat? So we use our microwave for the iddy-biddy things that can be done with two buttons. We defrost frozen bagels, we reheat coffee, we make microwave popcorn, and we occasionally splurge and spend three minutes to make a Lean Cuisine. And what do we do with all of this EXTRA time? I don't know; as soon as I get a chance, I'll give it some thought. So we've established that I, like you I'm sure, don't have enough time. And how do I respond to this time deficit? I pick up my pace a bit, and that's not all good. I try to do more in less time. For example, my attention span isn't what it used to be, that's for sure (and it never was too good to begin with). I'm forever having a conversation with someone and thinking of something else that I should be doing or, maybe, composing a memo in my head. And having a remote button on my TV doesn't help either. I've become addicted, not to any particular program, but to bumping through the channels. I love to watch the tube, but now with cable I probably average 30 seconds per show. It takes me a couple of minutes to go from Channel 2 to Channel 50, then I start over again. I never get the essence of what anything is about, I don't understand the plot or the characters, but that's OK. It fits my attention span. (Heck, as I write this I'm remembering a breakfast I had in which I started watching the City parking meter revenue collectors while talking to someone. She was not pleased with my distractedness.) I carry a small yellow piece of paper to write the myriad of thoughts that come and go

while I'm doing something else. Then I transcribe my cryptic messages to narratives on my computer. Boy, look at all of the time that I've saved. Life is more complex, there's no doubt about that. And I truly believe that we have to run harder to catch up. But is running harder — or earlier in the morning — the answer? I'm now starting at 5:40 a.m. instead of 5:50 a.m. but I sure don't feel the luxury of those extra ten minutes. Does running harder get us any place better or, even, get us there faster? I think not. So what to do? We're all in the same race, running in circles and chasing a plastic carrot. And the faster we go, the faster the carrot goes. And the faster the carrot goes, the faster that we go. Enough, I say. Let's stop the whirling carousal and get off.

It doesn't need to be this way if we don't want it to. We can control our fate if only we will be strong about it. I can see you now, dear reader, leaning forward and looking for THE ANSWER. And I, Hawkeye, will share three tiny tips to help you slow your pace a bit. No, they won't be time-savers, there are enough of those already. Time-savers are like sales; I can't afford to go to another sale and I don't have enough time to engage in a time-saver. These tips are what I call "Smell the roses" suggestions.

(1) Get up a bit early each morning. Now I realize that this may not be something that appeals to you. I, too, treasure every spare moment in the rack. But there's something to be said for getting up 15-20 minutes early and pattering around. Especially if no one else is awake and you have the house to yourself. You'd be amazed how much you can get done. And even if you don't DO anything, this extra swatch of time will give you a more relaxed start for whatever chaos awaits you.

(2) Create some silent time during the day. Sometimes I even schedule a meeting during the day, writing a cryptic notes on the calendar, when I really have nothing scheduled. No one else will sign up to see me then, and I'll have 20-30 minutes to myself. I tell my trusty secretary to "hold my calls," and I can do a little catching up on reading or creative thinking. A similar strategy is what I call "The Hat In The House" approach. Gather all of the family members and tell them that when you're wearing this certain hat inside, it means that they should not talk to you; they should leave you alone and pretend you're not there. It's not the same as sitting alone by Walden Pond, but it's better than nothing. The important thing is to give yourself time to reflect, slow the pace a bit, and savor life.

(3) Get a portable Casio "Wizard" notebook. See, there are these new Casio electronic notebooks, maybe three by five inches. You can enter phone numbers, schedules, recipes, birthdays, whatever in them. They'll hold up to 24 "million" bytes of data. By having all of this information with you wherever you go, think of all the time that you can save! You won't need to ever check with home or work when you're someone else. Some of them, in fact, have this attachment where you can punch in a name and hold the computer by the mouthpiece of your phone, and, get this, the number gets dialed automatically. Think of what you can do with all of those extra seconds. If this doesn't appeal to you, you might want to consider getting a FAX installed in your car or buying a combination toaster/VCR/yard fertilizer. Why the possibilities here are endless. Think of all the time that you'll be able to save. By the way, I'm sorry that this column is so long, I didn't have the time to make it shorter.

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