

# The TIMES of.... SKINKER DEBALIVIERE

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The oldest neighborhood newspaper in St. Louis

April - May 2010

FREE

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## OUR FORTIETH YEAR OF CONTINUOUS PUBLICATION

### Times Fortieth Anniversary Issue

As we start our 41st year, the TIMES would like to thank all the volunteers who have kept us running successfully for 40 years, with special recognition to those unsung heroes who deliver the paper door-to-door on every block in the neighborhood. We thank our past deliverers, our super-heroes Art Santen, Brad Weir, Mike Stahl, Dave Schmid, the late Bruce Smith, and many, many more.

Thank you to our current deliverers! Without these folks, many of whom have delivered on their blocks for years and years, we would not be able to continue such a cost-effective and personal connection among neighbors. You're the greatest!

<b>Andy Cross</b> <b>Arline Webb</b> <b>Julie Schoemehl</b> <b>Cindy Ormsby</b> <b>Gail Fitzpatrick</b> <b>Mary Powell</b> <b>Jim and Sally Boggeman</b> <b>Randy Vines</b> <b>Kiki Chavez</b> <b>John Dulick</b> <b>Vincent Flewellen</b> <b>Shelly Parker</b> <b>Nicole Blumner</b> <b>Sean and Angie Meara</b>	<b>Ruth Beckloff</b> <b>Jamie Kenyon</b> <b>Melissa Von Rohr</b> <b>Ryan O'Connell</b> <b>Venita Lake</b> <b>Mike Butler</b> <b>Mrs. Williams</b> <b>Shirley and Al Polk</b> <b>Vincent Webb</b> <b>Maria Schneider</b> <b>Mark Gorman</b> <b>Diane Joiner</b> <b>Dustin Poacher</b> <b>Maggie and Bob Mahon</b>
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### Talking with Katrina Stierholz, New SDCC Board President

by Lana Stein

Katrina Stierholz and her family have lived in Skinker DeBaliviere for 15 years. They reside on the 6100 block of McPherson. Her husband is Mark Banaszak and her two sons are Theo and Emil, 14 and 13 years old. She has been a volunteer in the neighborhood for almost her entire residency. She began by participating in the Playground Committee which resulted in the lovely tot lot at the Greg Freeman

Park at Four Corners. She was president of Rosedale for a year and served on the SDCC Board. She has also been a stalwart with the West End Arts Council. This year she returned to the SDCC Board and was chosen as president.

Stierholz finds Skinker DeBaliviere to be a beautiful neighborhood with an impressive housing stock. The neighbors and the sense of community keep her here. As president, she wants to work with Andy Cross, Beautification Chair, on the physical design. Most important, she wants to work with all parts of the neighborhood. Her goal is development of a strategic plan that takes into account what is going on now and what neighborhood residents



value. Residents will be interviewed. Neighbor Betul Ozmat will help to facilitate the process. She is employed at Washington University as Ms. Stierholz.

The Board will be undertaking the process of hiring a new executive director. They will have a good job description and hope the person to be selected will be

on board by early fall. Stierholz also places emphasis on greater budgetary control and the replenishment of cash reserves. Finally, Stierholz and the Board are interested in enabling an organization for Washington Heights, that part of the neighborhood east of Des Peres. Washington Heights has not had an organization for over 25 years. She will begin at a meeting of all block captains on April 7. It is clear from our conversation that Stierholz is bringing energy and commitment to her new role.

#### SDCC Officers

**Katrina Stierholz, President**  
**Mike Noble, Vice President**  
**Dan Hudspeth, Treasurer**  
**Rachel Boxdorfer, Secretary**

### Former Editors Remember

#### Marj Weir

In the seventies when I was involved in editing The Paper, we faced extreme financial challenges. The cost of typesetting combined

with our limited income drove us to using an electric typewriter, provided by a wonderful neighbor, Joe Botz, and typing on adding machine tape in order to control our column widths and to allow long column lengths. This was arduous, but

it illustrates the lengths to which so many neighbors have gone over the years to keep our unusual publication going. Over the years the generosity of many in our community and the loyalty of our advertisers has made it possible to continue. I am proud of *The Times of Skinker DeBaliviere*, into which The Paper evolved, and hope that our wonderful community continues to support and value it for years to come.

#### Sue Rothschild

My turn as editor of the Times in the early 90's was the last years of doing layout of the paper by hand instead of computer. By then many articles were on computer disks, but I still took everything to a typesetter to get the physical copy. The layout work was done at



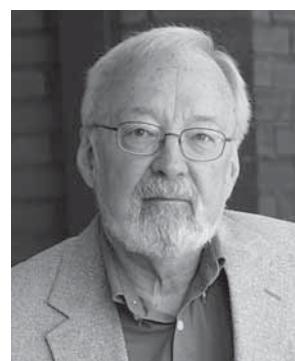
Venita Lake's house, where she had a good table to spread out all the master sheets on, and supplies to paste up all the stories, photos, cutlines, headlines and ads. It was fun collaborating with Venita and King Schoenfeld on how to make it all fit.

#### King Schoenfeld

I began shooting news photos for The Paper when I was just over 30 years old and recently married. I discovered my true avocation: trying to put a story into one photo image that got your attention. Hours in the darkroom

were a monthly ritual, finding the right black and white images to drop off for Marj Weir next door. What I didn't realize at the time was how this job pushed me into the life of the neighborhood, meeting its wonderful people and gaining a sense of contributing to its life. After 30-some

years, the Times has assembled a great archive of our neighborhood's history, much of it in photographic images and published in the Times recent book. Is this a great neighborhood or what?



#### Peggy Hermes (Griesbach) (by email from Rome!)

The early '80s proved an interesting time to serve as editor – as per the curse "May you live in interesting times." While the paper promoted and celebrated events that brought the neighborhood together – the annual Art Fair and House Tour, the melodramas staged at Grace Methodist followed by dinner at St. Roch's, Washington Heights picnics, Rosedale Halloween parties, and so on -- we also reported on the issues that divided the neighborhood. The hot-button topic was development. Residents weren't shy about expressing views on renter displacement, gentrification, tax abatement, and just who would get the nod to rehab or build. The Paper sought to give voice to all positions and perspectives. Many of the most vocal stayed in the neighborhood and worked together despite their differences. The Times continues to reflect the character of the neighborhood. Though I retired early, I'm very grateful to the others who've persevered.

#### Chris Lange

Layout of The Paper was usually done on my dining room table at 6175 Kingsbury. It took two to three days of cutting and pasting after the writing, editing and photography and design was done. Lots of coffee and comraderie was required. It was so much fun. It scared me to realize that I could do this forever for no compensation. So it was time to relinquish the helm and let some one else in on this fun.

(continued to p. 5)  
Former Editors Remember

# Editor's Notebook

by Lana Stein

The Times is 40 years old! How can it be? During a darker period, the Times was a vital source of communication to a neighborhood in transition. It deflected rumors and made known many opportunities to be involved. It covered every neighborhood event and introduced newcomers to the goings on. Today it continues to be an information provider. Run always by volunteers, it is respected in many quarters. Thanks to JoAnn Vatcha's efforts, we have developed a nice coterie of writers for the paper. The paper will continue to print critical documents such as the Historic District Ordinance and the Delmar redevelopment plan. To all those who served as editors before us, kudos. And thanks to all of you who have contributed to the paper and kept it coming to people's door steps.

There is a new generation now contributing to the Times and there certainly is a new generation on the SDCC Board. Some grew up here and are part of the second generation. Others came from the County or beyond. It is especially gratifying to see the commitment to the neighborhood being carried on. Skinker DeBaliviere is an unique neighborhood in its diversity and its location. I really enjoy seeing fresh faces devoted to this very special example of city living.

**Skinker-DeBaliviere is a City Historic District. Window and door replacements require a Cultural Resource Office permit. Please call Katie Kurtz 496-5083 or CRO 622-3499.**

## St. Roch Planning "Building the Future" Dinner

St. Roch Church and School will hold a fundraising dinner on Sunday, April 18 at the Cedars, 939 Lebanon Dr. The proceeds will be used for a long-needed handicapped entrance to the church and for the school's ongoing technological programs. To learn more, call the parish house at 721-6340.

St. Roch celebrates its centennial in 2011. The present church building was dedicated in 1922. A committee is planning events to commemorate the centennial. Details will appear soon in *The Times*.

## Calendar

Skinker-DeBaliviere Community Council meets on the second Monday of each month at 7:00 p.m. at the office at 6008 Kingsbury. The Skinker-DeBaliviere Community Housing Corporation meets on the first and third Wednesday of the month at 6:30 p.m. at 6008 Kingsbury. Other committees and event-planning groups meet at other times. For information, call Bethany Everett at 862-5122.

**Now through April 22:** Patty Heyda's first solo art gallery show at Art St. Louis in the North Gallery.

**April 7:** Word of Life Lutheran School (pre-K through 8th Grade) hosts Open House for interested parents, 6:30-8:30 p.m., 6735 Eichelberger. For more information, call Michelle Currie, 664-1519.

**April 13:** Loop Special Business District meets at 9:00 a.m., at Blueberry Hill, with the East Loop Quarterly Board meeting immediately following. All Delmar businesses are invited to attend. For more information, call Kim Cole, Loop Administrator, 772-4361, or go to [visitheloo.com](http://visitheloo.com).

**April 15:** "All Hands on Deck" Reception, 5:30, Gallery Talk 6 p.m. All Hands on Deck presents the work of Thirteen Squared, a visual collaborative comprised of thirteen award-winning St. Louis-based artists. Now in their fifth collaboration, the women organize exhibitions with sales to assist local arts organizations. Inspired by a deck of playing cards, each artist was dealt four cards from which they created four unique artworks now on display in All Hands on Deck. At: The Gallery at the Regional Arts Commission. Gallery Hours are 10-5, Monday through Friday, Noon-5, Saturday and Sunday.

**April 18:** St. Roch "Building for the Future" Dinner. For more information, call 721-6340.

**April 23 and 24:** Thurtere Carnival, along Brookings Drive at Washington University.

**April 24:** "Blitz" - Operation Brightside's annual clean up day. Pick up tools, flowers for public spaces, trash bags, etc. at the SDCC office, 6008 Kingsbury. For more information, call the Blitz hotline at 772-4646, go to the website at [www.operationbrightside.org](http://www.operationbrightside.org).

**April 25:** Chancellor's concert at the 560 Music Center at 3 p.m. WU Symphony Orchestra performs Chopin's Piano Concerto No. 1 and other selections. Free, and the community is invited to attend.

**May 8:** 14th Annual Plant Exchange Day 2010. This is a chance to drop off plants that are crowding your garden - or pick up some free plants that your neighbors had to thin out. (You don't have to make a trade, you can donate or receive plants.) We will be planting Operation Brightside flowers which are available for planting in public areas. Wood chips will be available and grass seed packets for bare spots in lawns. Sign up to keep the flowers at Greg Freeman Park at Four Corners watered throughout the summer. Look for more information in the upcoming flyer.

**May 21, 2010:** Washington U Commencement begins at 8:30 a.m. Save the Date for the Breakfast Garden Tour, Sat. June 5th 2010.

Join us for a delicious breakfast in the McPherson Community Garden and meet your neighbors as we tour ten private gardens. Watch for more details in upcoming flyers and the next issue of the *Times of SD*.

Dear Editors,

I picked up *The Times* while leaving the Charing Cross Library this morning. Over lunch I enjoyed seeing pictures of former students Bob Rice and Liz Wright Johnson, and reading the article about our wonderful librarian Charles Lampkin. When I turned to page 7, I was surprised to see my picture of twenty-five years ago and the reminiscences of my nephew Conrad Knoten, and former students Joe Stout, Eric, Nelsen, Brigid McCarthy Henke, Aidan McCauley, and Dina Vatcha. Thank you for printing that "treasure trove of memories."

Teaching at St. Roch has been my vocation, and I am still there for an hour each day. I started teaching at St. Roch thirty-seven years ago this month while in graduate school at Washington U. Although officially retired, I am teaching Shakespeare's plays to fifth through eighth graders, as well as Greek Myths and Longfellow's "Evangeline." What a thrill to know that I have formed and prepared my students for the twenty-first century while leaving them a love for literature and poetry. My dream has come true, and I am honored that many of them have become teachers and writers today.

Thank you former students for the accolades. It has been a fabulous life for me because of you. Again, thank you, *The Times*, for resurrecting this time capsule.

Sincerely,  
Ed Martin

## The **TIMES** of.... SKINKER DEBALIVIERE

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*The Times of Skinker DeBaliviere is published by the West End Publishing Co., a not-for profit, independent, community organization.*

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Guidelines for Submitting Copy

*The Times* welcomes unsolicited articles and letters. Because of the small size and volunteer nature of the writing staff, the quality and range of the Times has always depended in large part on submissions from non-staff area residents. Calendar listings should be phoned in to the editor at 721-7532, or mailed to 5953 Pershing Ave., 63112.

The writer is responsible for the accuracy of the data, including times, dates, location, and particularly the spelling of names. The editor retains the right to omit or alter any material.

**Deadline for next issue: May 15, 2010. Please send copy by e-mail to [jvatcha@gmail.com](mailto:jvatcha@gmail.com) or by disc to 6008 Kingsbury, St. Louis, MO 63112.**

Readers are welcome to send us e-mail or letters commenting on any of our content. Send to [jvatcha@gmail.com](mailto:jvatcha@gmail.com) or [maxlana@sbcglobal.net](mailto:maxlana@sbcglobal.net).

# News of Neighbors

By Rachel Boxdorfer

The 7th District Police Partnership held their 5th Annual Office of the Year Awards Luncheon at The Pageant on February 25th, 2010. At the awards, the officers of the month throughout the year are recognized for their outstanding bravery and service, topped off with honoring the office of the

year. This year, as in the past, neighborhood resident, Police Officer **Mike Butler**, was honored. He was the Officer of the Month for July 2009, and then, was awarded Police Officer of the Year for 2009 in the 7th District. Officer Butler was nominated by his coworkers for his work with nuisance properties in the 7th District. In addition to his outstanding service as a police officer, Officer Butler serves his community. He works to provide students at Ford Elementary School with new bikes for academic achievements and was featured this past year with Mike Bush from KSDK for the over 50 bikes he presented to the students. During the holidays, Officer Butler donates his personal time and solicits food donations from local businesses to make sure over 100 families have a very special Christmas dinner. Officer Butler has been a member of the St. Louis Metropolitan Police Department for over 22 years and sets a fine example to all of us on how to help our community.

St. Louis lost a neighborhood historian on January 26th. **Jean Fahey Eberle** passed away at the age of 85. Jean was a longtime Parkview resident who had grown up in Parkview and then lived there and raised her children in Parkview. In her final years, Jean lived in Shrewsbury. She was an active member of St. Roch Parish for years and years, including serving as the volunteer librarian. She also served on the board of directors for the Skinker DeBaliviere Community Council. Having written many books about St. Louis neighborhoods, perhaps her greatest gift and achievement for our neighborhood was her book, originally written in 1979, "Urban Oasis: 75 Years in Parkview,

a St. Louis Private Place" and was co-authored with **Judith Phelps Little**. The book was updated for Parkview's centennial celebration in 2005, "Parkview: A Saint Louis Urban Oasis 1905-2005." It is a truly beautiful book filled with so much valuable and fascinating information. The book probably graces many coffee tables and libraries throughout our neighborhood.

Traveling the globe over the winter was **Dan Schesch** of the 6000 block of McPherson.



Okay, maybe not the globe, but Dan did travel to China and had a very exciting trip. The trip included a 19 day small group tour of Beijing, Xian, Lhasa (Tibet), Chongqing, a Yangtze River cruise, and Shanghai, and 11 days with St. Louis friends working in Beijing, we also visited Nanjing, Suzhou, and Shanghai. Dan invites neighbors who would like to know more about his trip to visit his web site at <http://jdr2.net/travel/chinatrip.htm>. Dan is pictured here (in his Skinker DeBaliviere sweatshirt!) with friends who grew up in St. Louis and now live in Beijing.

**Dan Hudspeth** of DGH Services reported that "DGH is now EPA" certified in working on older homes with lead paint. According to Dan, this is in compliance with a new law coming due in April for contractors to have the certification. Dan is a longtime resident of the 6000 block of McPherson and also serves as

President of Rosedale Neighbors and Treasurer of the Skinker DeBaliviere Community Council. Dan is one of our many second generation residents, having grown up on the 6000 block of Westminster.

**Alex Shaffer**, a resident of the 6000 block of Westminster Place since '76, has retired from his job as a research biologist at Pfizer, Inc., and is at home most days, in the basement that he water-proofed and repainted, building, among other things, a small Italian harpsichord (his second!). We wish Alex a very happy retirement!

**Parker Stus**, son of **Paul and Jaina Stus** of the 6100 block of Westminster, was part of a school-wide SHOE DRIVE FOR HAITI, which raised over 5,000 shoes, including quite a few from Westminster. Parker, who is seven years old and in the first grade at Word of Life Lutheran School, brought in 140 shoes from donations in his neighborhood drive. Great job Parker!

And congratulations to six of the Webelos from St. Roch who earned their Arrow of Light Award on Scout Sunday in February. The Arrow of Light Award is the highest honor you can earn in Cub



Scouts. The proud recipients were: **Mitchell Stephens, William Kramer, Eric Webster, Elia Barker, Christian Boxdorfer, and Joe Schwartz**.

That's all the news for this issue. Until next time, happy spring! Do you have some news to share? Please send your items to Rachel Boxdorfer at [rboxdorfer@prudentialalliance.com](mailto:rboxdorfer@prudentialalliance.com) with the subject line "News of Neighbors". Thank you!

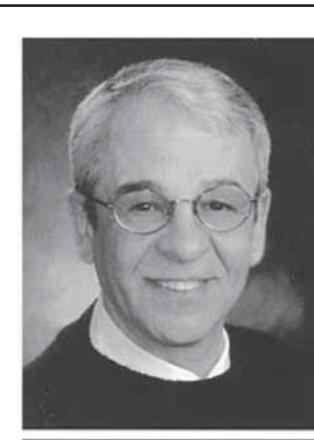
## Plans for 2010 Homecoming

It is time to start planning for the 2010 SDCC Homecoming. We are forming the 2010 Homecoming Committee and we hope many of you will be returning for a bigger, better SDCC Homecoming! We are planning to have the event this year at Crossroads School on Saturday, September 25th. We will need to discuss pricing and other ideas following a great event last year to make this year even better. We cannot thank you all enough for the great job you did last year, and we know this year will be even better.

Are you one of the people who might like to serve on the committee this year? It's a new year, a new committee, and we are moving forward with great plans and a great future! Time to get busy and have fun while we do it. For more information or to join the committee, call Bethany at SDCC, 862-5122 or Rachel at



Dan and Monique Hudspeth modeled last year's homecoming attire.



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# SKINKER-D GASTRONOMY

## Tim Voss Spins Pizza Night into Fun for the Whole Family

by Ligaya Figueras

Tim Voss grew up in a big family and now that he's got a brood of his own—Dylan (17), Zachary (14), Lilia (10) and Ethan (7)—his house is just as bustling. Tim and his wife Pattie moved to Skinker-DeBaliviere nine years ago and you can always find their lot playing outside with the rest of the kid-filled block on 61XX McPherson, but come Friday night, you might just find them in the kitchen, giving pizzaiolo Papa Tim a hand making homemade pizzas. Tim's Old World pizza recipe is well-worth the two-day process and, reminded Tim, it works best if you have a pizza stone and pizza screens.

### How did I gain a love of cooking?

I was one of eight kids and my mom was big on getting help in the kitchen. By the time I was ten years old, all of my sisters were out of the house and my brothers were working, so I had a lot of opportunity to experiment, mostly with baking. In high school, my closest buddies and I took a class called "Boys' Food" (I know, but it was 1976) as an easy elective, mostly because the teacher was young and cute. Not only was it a blast, but I actually learned a lot.

### Where did you pick up your pizza-making skills?

In college I got a part-time job at a pizzeria just off campus. The owner was a second generation Greek, which influenced the ingredients he used. To this day, I consider it the best pizza I've ever had. Of course, I learned the recipe during the time I spent there. The only problem



stone is a must.

### Has making pizza at home become a family tradition?

Fridays are a good night for experimenting, since we can take more time with the supper routine. "Make-your-own-pizza" night kind of grew out of that, though it's not an every Friday routine. However, it's always a hit, especially when the kids get to watch Dad spin the pizza in the air!

On a recent pizza night, the kids were helping and the next thing I knew, we were dancing to oldies on the radio. Cooking something fun like pizza is great for lifting everyone's mood!

### What are your favorite toppings?

My favorite is ham and green olives. Mushroom and black olives is another favorite. The kids prefer sausage or plain ol' cheese, as does Pattie, though she's also a fan of tomato and fresh basil.

### Who's the cook in the family?

Pattie and I share the cooking, though Pattie works a lot harder at trying to come up with new recipes. I'm strange in that I like just about anything, but could eat the same thing over and over again—especially pizza!

**What's your house specialty? If you've got a stand-out recipe you want to share with neighbors, send an e-mail to Ligaya Figueras at <mailto:ligayafigueras@sbcglobal.net>**



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### Homemade Pizza

Courtesy of Tim Voss. Makes 2-3 pizzas depending on size

#### For the dough:

1 Tbsp. olive oil (or substitute canola oil)  
1/4 oz. (1 1/4 tsp.) dry active yeast  
1 tsp. salt  
2 1/4 tsp. sugar  
1 1/2 cups hot water  
4 1/2 to 5 1/4 cups all-purpose flour  
2-3 cake pans or pie plates, heavily oiled (use olive oil or substitute canola oil)  
kitchen scale

#### For the sauce:

3 cups (18 oz.) tomato paste  
1 1/2 cups canned crushed tomato  
3 cups water  
1 Tbsp. basil  
1 Tbsp. oregano  
2 Tbsp. Italian seasoning  
1/2 tsp. salt  
2 1/4 tsp. sugar  
1/4 tsp. black pepper  
Pinch crushed red pepper

#### Toppings:

4 cups of shredded mozzarella and 3/4 cups shredded Muenster, combined

Make the dough and the sauce a day ahead of time. To prepare the dough, use a large mixing bowl and whisk together oil, yeast, salt, sugar and hot water until blended. Whisk in one cup of flour until blended. Add two cups of flour to the mixture. Using a wooden spoon, combine until mixture reaches consistency of brownie mix. Add one cup of flour and stir until mixture becomes tacky. Add 1/4 cup to 1/2 cup of flour. Using hands, pull and combine dough, thoroughly kneading until the dough is consistent and somewhat firm. It should not be very sticky. Add more flour, if needed. (If made correctly, 1 ounce of dough equals 1 inch of pizza: e.g., 14 ounces equals a 14-inch pizza. Using a dough cutter or large kitchen knife, cut dough into pieces equal to the size of the pizza you want to make, but not larger than the screens you have. This is where the kitchen scale helps.)

Once you have the right amount of dough, knead it then roll it between the palms of your hand until it's a smooth ball. Pinch together any openings, then roll it in an oiled pan so that it is completely covered with oil. Position in the middle of the pan, then cover tightly with a large piece of plastic wrap. Repeat with remaining dough. Place in refrigerator overnight to rise. Store it in refrigerator until ready to use.

Next, whisk together all ingredients for the sauce in a large bowl. Cover and refrigerate until ready to use.

The next day, make the pizza. To begin, place pizza stone in oven and preheat to 450°. Sprinkle flour on a large clean surface or cutting board. Remove dough from pan and place on floured surface. Sprinkle additional flour on top of dough. Working from the center of the dough to the edges, and using the tips of your fingers (both hands), pat the dough to spread into the shape of a circle, working up the center, then around the edges. Flip over and repeat. Keep working until the dough is the size you want. Experienced "pie makers" may pick the dough up and stretch the edges between their thumbs and fists in a circular motion, then

spin it in the air. You may want to use a roller.

Oil a pizza screen using either a cooking spray or by wiping with a paper towel saturated with oil.

Place pizza dough on screen, stretching it out to the edges, if necessary. If your pizza is too large, flip it like a blanket on a bed a number of times—it will shrink.

Using a large soup ladle, add a ladle full of sauce to the center of the pizza dough. Using the bottom of the ladle or a large spoon and using a circular motion, spread the sauce out to within 1/2 inch of the edge of the pie.

Top with cheese and your favorite toppings.

Place in oven on top of pizza stone and bake until cheese is golden brown. For a crisper crust, remove from screen and place directly on stone when cheese starts to bubble and turn brown around the edges.

Remove from oven and let stand two minutes before cutting.

## Wash U's Ibby's offers Upscale Dining on Campus

By Ligaya Figueras

Pass through the doors to Ibby's at Wash U's Danforth University Center and you'll soon forget that you are on a university campus. The bistro-style restaurant that opened in August 2008 has reinvented the traditional college campus eating experience by offering upscale dining featuring fresh, locally grown food. Best of all, it's open to everyone.

Ibby's offers a buffet lunch and full-service sit-down dinner Monday thru Friday. You'll find everything on the menu that you'd expect from a fine dining establishment, with numerous options for soups, salads, small plates, sandwiches, entrées and desserts. The food is marked not so much by a particular cuisine (if forced to throw a label on it, let's call it contemporary American with Mediterranean inspirations) as by an abundance of fresh, locally-sourced ingredients.

Ozark Forest mushrooms, Heartland cheeses, produce, poultry, meat, fish, even coffee — all from area purveyors. According to Jill Duncan, Director of Marketing and Communications for *Bon Appétit*, the management company for WU's dining services, the restaurant has a goal of sourcing

100% of its food locally. Although such an endeavor can prove difficult during certain times of the year, an impressive 85% of the food at Ibby's comes from local growers and producers during mid-April, May, August and September.

How is the food? Fantastic! Ibby's gets high marks for a thoughtful selection of small plates. A local sausage plate, crispy calamari with sweet potato served with a spicy cocktail sauce, or a dish of roasted beet and apple drizzled with creamy goat cheese and an almond-pomegranate reduction are just a few of the offerings that will please both carnivorous and vegetarian palates. Among the entrées on the winter

menu, the pecan-crusted Missouri

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Hours: Lunch: Mon. to Fri. – 11 a.m. to 2 p.m.  
(Buffet); Dinner: Mon. to Fri. – 5 p.m. - 10 p.m.



Sekisui and Franco. David Rushing is the sous chef for the entire Danforth University Center and in the evening, Ibby's operates under his direction. Among his accolades, Rushing spent five years at The St. Louis Club where he worked with former executive chef to The White House, Pierre Chambrin. Also, pastry chef Starr Murphy will win your heart with her seasonal cheesecakes, sweet potato pound cake, chocolate mousse cake and other decadent desserts.

While you're certain to see students at Ibby's, you'll also notice that admin, faculty and staff are among those who grab a table at this little, tucked away restaurant. A selection of wine and beer certainly adds grown-up appeal, as does live jazz on Wednesday evenings.

That doesn't mean that the kiddoes can't come along. There are loads of kid-friendly options like French onion soup, pommes frites (aka, French fries), burgers and a few chicken dishes, and the waitstaff at Ibby's is cheerful and accommodating.

If you are looking for a weeknight out, Ibby's offers a nice change of scenery from the typical saunter to the Loop. Note, however, that the restaurant closes after May 20 and reopens when students return in August.

**Former Editors Remember**  
(continued from p. 1)

### Venita Lake

From September 1982 to June 1983, we had an editorial board made up of King Schoenfeld, Jo Ann Vatcha and myself. Our responsibilities were "collecting and editing, assigning story areas, and determining overall style and contents of the publication." I had a much longer tenure as layout supervisor...In looking back from the time we moved into the neighborhood in 1974 until today, many things have changed, although some stories continue to repeat themselves.

In October 1982, I wrote the lead article, reporting on the resignations of both the Skinker-DeBaliviere Community Council's executive director and its secretary, and the subsequent meeting of the council which had already started the process of rewriting its constitution and by-laws ...[also] that residency would be a requirement.

At one time or another, most of the editors helped with layout. Karen Bynum, King Schoenfeld, and Elizabeth Freeman, among others, spent many hours, often late at night, putting the paper to bed. We also kept up with the latest news and gossip and planned many other activities as we worked, so it was a fun social occasion too.

### Karen Bynum

When I remember my time as editor of The Paper, what comes to mind first is the fun we had doing it. "Back in the day" before we all had computers in our homes, putting out a neighborhood newspaper

was a real hands-on experience. Our clip art was "clipped" from the Yellow Pages. Cutting and pasting was done with an X-acto knife and rubber cement. My troglodyte tendencies will probably be exposed here, but it seems that it was more creative and satisfying when layout meant big boards on the dining room table. Most of us who worked then were stay at home moms with pre-schoolers and babies. Working on The Paper was a chance to be with grown-ups and make adult decisions—a refreshing change from our daily tasks.

This newspaper looks and reads more professionally done. Many of the issues it covers are of larger scale and of greater regional importance, but it still serves the same basic mission: to tie all the neighbors of this wonderfully diverse area together. I am proud of my association with its history and am grateful to all who have kept it going.

### Pat McLafferty

I think I was at a neighborhood party in 1981 when Peggy Hermes convinced me that I was capable of being the next editor of "the Paper" (yes, I'm sure alcohol was involved)! She had just completed three years in this position and made it sound exciting and manageable. The neighborhood had just survived the "Mexican restaurant" controversy which pitted neighbor against neighbor and we all looked forward to the paper for updates. Peggy encouraged me to pursue political issues and not be afraid to "edit the copy". (She did not actually explain that I would be "editing" articles contributed by my friends

Photographs in the lobby at Ibby's. The restaurant is named for Elizabeth Danforth (middle photo), late wife of former chancellor William Danforth.

Rainbow Trout with brown butter sage is a standout. Served with a creamy butternut squash risotto and sprightly broccolini, this dish is colorful and rich in flavors. The polenta prepared soft-style with melted leeks, sautéed shiitake mushrooms, roasted pumpkin and Brussels sprout leaves is elegant, earthy and oh so filling.

Ibby's boasts a seasoned culinary team. Executive chef Justin Keimon has been in the St. Louis food stage since the mid-1990s. After working in the country club scene for a while, he began opening for restaurateurs and has been executive chef at R.L. Steamers, Grenache,

and neighbors.)

I soon realized the amount of work it takes to put out a monthly paper: meeting deadlines, getting those "late night" articles, getting the copy to the printer, and then PAYING the printer. But looking back through old issues, not only are the articles wonderful, and a great witness to our struggle, but the pictures are invaluable. I have nothing but admiration for those true editors and staff who have been involved with the paper for all these many years. Bless you all!

### Katie Kurtz

In looking for volunteers to help distribute, we met Mary and Hitch Powell. We would sort, bundle and deliver to each block the first Friday of the month. That has become a long-standing tradition, First Fridays, switching off houses. My water broke with Jim the last Friday of January 1987 (we must have gotten them early for February), while we were sorting. Paul took me to the hospital, leaving Mary and Hitch to finish the job.

I can't remember the year, but we changed the name from The Paper to The Times of... We felt that The Paper didn't really describe who we were and whom we served. We used to have board meetings pretty regularly to plan out who would write what, which topics were of interest. Ray Bruen was a regular writer about history; of course, Tom Hoerr, briefly there was a column written by Sam Green and Paul Kurtz about insurance issues; we started the column Macho Menu, which highlighted our male chefs. Venita did a lion's share of layout, if I remember correctly. Nancy

Farmer was a wonderful resource, I would pick her brain about topics important to the Council.

What a great experience.

**Note from Jo Ann Vatcha:** There are many more who served as editor in the early 70's, including Jody Creighton and Mary Parker, and two who are no longer with us, Sharon Mier, and Jean Eberle, who passed away recently. Thanks to King, Chris, Karen, Marj, Sue, Venita, Peggy, Katie, and Pat for pausing to remember!

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**SDCC Meeting, Feb. 8, 2010**

The meeting was called to order by President Katrina Stierholz at 7:10 pm.

**Financials:** Katrina went over the financials from Davis Associates, CPA. She briefly described the reports included, and stated that she had found several errors. Lyda interjected that the memo from Davis Assoc.'s was important in noting that they had processed the material as it was received. The material had not been audited by their agency. Katrina pointed out that some of the discrepancies were the income from SDCHC and the rent. Norb brought up taking the issue to the Finance Committee. Karin noted that the Finance Committee was reviewing the problems, but they are all new also, so they are just sorting through it as well. There was discussion amongst board members regarding the necessity of rectifying past financial statements. Paul asked whether there was an engagement letter with Davis Associates. Katrina stated that she has a letter from the agency noting what they would do for their fee. Paul questioned whether there was money available for hiring an outside accounting agency. Katrina responded that there was no funding. Norb was concerned with the finances going forward; will the Board be in the same position a year from now? Katrina described the action plan for 2010, the separation of finances, and the in-house use of QuickBooks.

**Budget:** See attached. Katrina went over the proposed 2010 budget. The year to date amount is through January. Some items are listed in 2009, but not 2010. Dan Lodholz questioned whether

the event items expenses and profits were net or gross. Bob asked if the executive director salary had been set aside for 2010. Katrina responded that there was currently \$10,000 set aside for the position, though it could be used for other expenses. Karin added that she believed we would not be hiring an E.D. until all this had been taken care of. Paul made a motion to adopt the budget, Dan Lodholz seconded the motion.

**Aldermanic Report:** Lyda went over the City's budget for FY 2010, beginning July 1, there is currently a budget of \$430 million. She briefly described the deficit, \$65 million, and some of the cuts being considered. The aldermen were asked to rank the list of possible cuts, it was ugly. There is a hearing Wednesday night at 6:30 pm for the public at City Hall for citizens to voice their concerns. One possible issue for cuts is the Ward improvement fund, which goes toward street paving, dumpsters, trash cans, street trees, etc. Lyda has proposed a charge of \$5 per household per month for trash pick up, which will still be once a week.

**President's Goals for 2010:** Have a balanced budget, live within our means, take a step back and decide what our mission is and how we can get there. Also, work with Betul Ozmat of Wash U to create a strategic plan, Betul suggested forming a steering committee, Cheryl moved that we establish a steering committee, Dan Hudspeth seconded it, nominate yourself or others in the neighborhood. Another goal would be to enhance the Washington Heights area, gain greater participation from that region of the community. Michael is assisting in this endeavor. He is working with Paul to create a neighborhood association there. Katrina reminded the board of the responsibilities of board members, attendance, participation, committee contributions, etc. Dan also brought up the need to reach out to less involved neighbors. Also, Katrina solicited feedback from the board.

**CDA:** Working on Personnel Schedule and Inventory List. Still working on the reimbursement for Accounting Agency, seems to be in the process.

**Grant Writing Procedures:** Paul went over the procedure for writing grants in the Board's name. He noted that it was vital for the by-laws to reflect the Board's goals and mission. The WEAC was previously an unincorporated entity, now the WEAC is filed as a DBA. Does the WEAC need to make its own incorporation or is it part of the SDCC? Apparently the WEAC was once a separate entity, but paperwork failed to be filed, etc. Paul stated that unless there is a compelling reason to incorporate separately, it is unnecessary.

Rachel made a motion to give approval, after the fact, for a grant for the McPherson Garden for \$1,000, Michael seconded the motion. Dan Lodholz made a motion

to formalize WEAC as an SDCC committee, Dan Hudspeth seconded.

**SDCHC:** Dan Lodholz asked if there was any response from Alderman Williamson regarding the DeGiverville burnt-out house. Gary added that it takes six months to become considered a problem property, that occurred in January, and should result in increased penalties.

**Beautification Committee:** Andy began by thanking Sean for all his hard work this past year, and all of his help. There will be a McPherson Garden meeting Saturday, February 27th at 10 am. There is already a wait-list for the garden. Gateway Greening has approached Andy about becoming a Hub Garden, which would entail more visitors to the neighborhood to visit the garden. A date for the block captain meeting has not been set.

**Fundraising Committee:** MLK bowling raised \$900. Bowling for Skinker DeBaliviere on Monday, February 25, at Pin-Up Bowl from 11 am to 3 pm. Please sell tickets!

The Friends Campaign has kicked off.

**Homecoming, Saturday, Sept. 25th:** Rachel made a motion to use Crossroads School for \$500, Liz seconded it.

Dan asked about the insurance concerns. The committee is looking into it.

**Dine Out Timeline:** will be next month.

**Security Committee:** See attached. **Corporate Compliance:** Paul is working with his committee looking into this issue.

**MLK Celebration:** Liz stated the MLK event was a great success. She is looking for people to serve on the committee for next year. There will be a panel in March at Grace and Peace Church.

Nicole Blumner has volunteered to head the Residential Committee. If you are interested in working on the Residential Committee talk to Nicole. She will be leaving the Board, and we are seeking someone to take her place.

Bob made a motion to enter into closed session. Paul seconded it.

**New Business:** Take Back the Night requested permission to go through the neighborhood, as a courtesy, Rachel made a motion in favor, Nicole seconded it.

Katrina adjourned the meeting at 9:00 pm.

**SDCC Meeting, March 8, 2010**

**Call to Order:** The meeting was called to order by President Katrina Stierholz at 7:08 pm.

**Census:** St. Louis City Census Coordinator Josh Wiese gave a brief presentation regarding the upcoming 2010 Census. Letters went out this week informing residents that the Census will be mailed next week, and to please return it promptly. All federal funding is based on Census data, as well as some commercial interest regarding placement of stores. Every year the mayor challenges the Census numbers for the City population, and gains several more thousand residents. St. Louis City is consistently under-counted. The

Census is confidential; it is not shared with housing authorities or the department of homeland security. The Census is not based on you, but only your address. Census workers carry an official Census badge, and will not come to your home unless you have not returned your information.

Last year only 53% of St. Louis residents mailed in their Census.

Katrina asked Josh if students were counted. He replied that students living off campus are counted in the areas they are currently living.

Dan Lodholz asked about why prisoners have to be counted. Josh replied that they still use social services, so they still need to be counted.

He said that persons living on the margins were particularly difficult to receive an accurate count on, especially those poverty stricken, the elderly, and 18 - 35 males.

The homeless are also counted. Katrina asked if any other community organizations were doing anything with the Census.

Josh stated that an agency in Dutchtown was having a Census party to commemorate the occasion and help those in need of assistance filling out their forms.

**Financials:** Treasurer Dan Hudspeth informed the Board that he and Katrina had met with Davis Associates, CPA last week.

They had decided to retain the firm at least until the 990 had been completed. Dan is working on a bid letter to send to other accounting agencies, so far he has three perspective accountants. Board members should contact Dan with the contact information for any other accountants who might be interested. Dan Lodholz asked how much longer Davis Assoc. would be serving the Board. Katrina responded that they would be in place until a new firm was chosen. Dan asked if accounting agencies had to be WBE (Women's Business Enterprise) certified. Katrina replied that if we used CDA monies to pay for the services, than yes, they would have to be WBE certified.

Dan Lodholz made a motion to approve the financials as submitted, Michael Noble seconded it.

**CDA Resolution:** In order execute the CDA contract, a resolution has to be passed. Katrina noted that there is little room for negotiation.

Bob made a motion to pass a resolution approving the CDA contract for 2010, Paul seconded the motion.

**Aldermanic Report:** No Aldermen present. Bethany commented that she talked to Alderman Lyda Krewson earlier in the day regarding refuse issues on the 5700 block of DeGiverville. Several other Board members commented on trash concerns in the area.

**SDCHC:** Project report and minutes included in packet.

SDCHC has a new board member, Eric Friesen, 6100 McPherson.

**Beautification Committee:** Block Unit 1035 Garden had their

first work day last Saturday, McPherson Garden has its first work day this Saturday. Andy removed a couple of raised beds from the Des Peres Big Picture School; he used them to create a compost pile for the McPherson Garden.

**Friends Campaign** letters have gone out. Andy created the incentives, they are note cards. Andy donated the artwork and the paper. Board participation is encouraged. Please let us know if you did not receive a letter.

**West End Arts Council:** The WEAC intended to apply for the Regional Arts Council grant. Unfortunately there were problems getting that in on time. They hope to reapply next year. We're still looking for a date for the annual block captain meeting; potentially April 7th at 7:30 pm.

**Fundraising Committee:** Over \$1,350 was raised between the two bowling events held at the Pin Up Bowl.

The Friends Campaign has raised \$4,465 to date.

**Homecoming Committee's** first meeting will be Monday, March 22 at 7 pm at the office. We're looking for Committee members. It's a fun committee to be a part of.

**Dine Out for Skinker DeBaliviere:** May possibly be held Tuesday, June 22, but it is not yet certain. We have a tentative list of participating restaurants. If you have any restaurants to add, please let us know.

**Brick Campaign:** Still waiting on a Board member to head the committee.

**Security Committee:** See attached. Katrina discussed a possible policy for how to deal with the issue of images captured by residents of possible crimes taking place, and the distribution of said images.

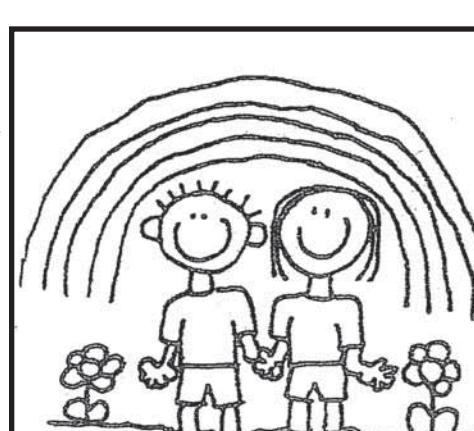
Also, we're looking for a board member to go to the security committee meetings. Jamie Kenyon volunteered for this role. **Corporate Compliance:** Paul Hales is working with Kate Nash and Peter Ruger of St. Louis University to create a corporate compliance template for non-profit organizations. They're working with students as a project to create said template. Paul mentioned to Gary Boehnke that he will have to work with the SDCHC to establish some fiscal reciprocity agreements. They will be working together on this in the future. Katrina noted that she had met with the SDCHC board and they were enthusiastic about cooperating with the SDCC.

**New Business:** Paul noted that he has been working in the West End neighborhood, and they are working to create a neighborhood association similar to the SDCC.

He stated that having a strong community council in that area would be helpful to Skinker DeBaliviere. Anyone interested in assisting with this should contact Paul.

Gene asked if it would be helpful to allow some of their board members to attend our meetings. Paul thought that could be useful for them, the contact person would be Bishop White.

Michael made a motion to adjourn the meeting; Bob seconded it at 8:15 pm.



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## Playing with Landscapes

Patty Heyda, who lives on the 6100 block of Washington, is an architectural designer, artist, and teacher of architecture and urban design at Washington University Sam Fox School of Design and Visual Arts. Heyda's first solo-show of paintings, curated by W. Elysse Newman (a central west-end resident and colleague) is currently at "Art St. Louis" Gallery, 555 Washington, # 150, through April 22. The gallery is free and open to the public 10-5 M-F and 10-4 Saturdays.



This exhibit features a series of 2 large paintings (the 'original' landscapes), the digital captures (print reproductions of portions of the larger pieces), and 14 smaller paintings (successive details). The work develops from the idea of how the digital image enhances what the eye can see. The small paintings are details taken from digital photographs of the larger original work. Subsequent images are digitally photographed from the second-order copy until the series is completed as a nested set of images.

The work plays with ideas of originality, digital-visual schema and organic fractal structures. The artist says, "Reinventing paint through the visual schema of the digital is a current theme. Early in my explorations, I fixed on the gesture of application of paint as an expression of movement. My subject matter is the landscape. What interests me is not the static or framed view of the land, but landscape as a constantly changing and dynamic field. Landscape in this case is also a landscape of

memory as the scenes are from childhood places. The process of reconstructing the view is a way of shifting between a preserved specimen of the past and the constantly changing abstract mental imagery of the present.

The purposeful reduction through isolation of a select piece of the nominal original is a movement away from an embodied view to an abstract image no longer connected to the place."

For more information, call 241-4810 or go to [artstlouis.org](http://artstlouis.org).

## Neighbor and Wash U Professor of Architecture Authors Book on Climatron

By Marj Weir



**Eric Mumford with his wife, Devora Tulgensky, and their daughters Anna and Sophia**

No one can doubt that our neighborhood is filled with talented, accomplished people. Being part of Washington University's "extended family" is one of the reasons that is true. Eric Mumford, a professor of Architecture at Washington University and a resident with his family on the 6100 block of Westminster, is a prime example. Already a published author of works on architecture and design, he has recently written the central essay for "Climatron 50, A Celebration of 50 years," published by the Missouri Botanical Garden.

The book traces the history of the Buckminster Fuller-inspired geodesic dome structure from its original conception by Fritz Warmoth Went through its design by Mackey and Murphy and renovations completed in 1990. In addition to Mumford's essay, the book contains a wealth of pictures from the past and present, plus a section of 3D pictures complete with the required 3D paper glasses!

Few, if any, other examples exist of a geodesic dome used for greenhouse purposes. When asked whether he thought the form supported the function, he said, "As a place where constant light was real important, it works really well. Geodesic domes, I think, Fuller originally [considered] as a housing concept, as something that could be quickly put together and mass produced. It's never really worked that well as that ... Fuller built one for himself like that in Carbondale. It's a wooden dome, but the second floor is odd.

It's hard to use it. I think for this kind of a function [the Climatron], it works really well.

Mumford is both an architect and an architectural historian. "My focus has always been on modern architecture and the ideas of modern architects, really as an academic focus... My work grows out of that. I'd never really worked on Fuller before, so it was interesting to me to learn about Fuller and see how his ideas played out. I'm also interested in buildings from that era that actually weren't failures, like the Arch and the Climatron and the Priory Chapel."

As an architectural accomplishment, Mumford says it is not well-known outside St. Louis. "I had never heard of it before I came here." In the architectural world, the Arch is what St. Louis is known for, he indicated.

Asked about how long the Climatron could be expected to remain a viable structure, Mumford said that with the appropriate regular maintenance, it could last another 50 to 60 years.

Among his numerous publications are "Modern Architecture in St. Louis: Washington University and Postwar American Architecture, 1948-1973," "Josep Lluis Sert: The Architect of Urban Design, 1953-1969," "Defining Urban Design: CIAM Architects and the Formation of a Discipline, 1969."

"Climatron 50" is available at the Garden Shop at the Missouri Botanical Garden, at some local bookstores, and at Amazon.com for \$19.95.

## Celebrating SD

Celebrating Skinker-DeBaliviere, History and Comeback, by Jo Ann Vatcha and Marjorie Weir, includes the history written in the 70's by Georgiana B. Stuart, Susan Tepas, and Kathy Harleman, and dozens of photographs and articles from the TIMES over the past 40 years. The book includes a DVD of interviews with neighborhood residents who comment on our neighborhood's comeback in the 70's. The book and DVD may be ordered directly (at a discount) by emailing marj.weir@charter.net or jvatcha@gmail.com. Make checks payable to the TIMES of Skinker-DeBaliviere. Books are also available online--a link to publisher is at <http://centennial.citywestend.org>.

Books are also sold at the Missouri History Museum gift shop, for somewhat more than if ordered directly from the TIMES. However, our last bulk order has been made, and remaining copies are still available at the original \$ 38.95 cost. Our website also includes an index, through which you can search someone's name and find out on what page(s) they're featured in the book. Thanks to all for your lovely notes about our book and DVD.

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# IN YOUR EAR

by Hawkeye Z. Hoerr

"How smart are you?" Don't take that question personally, cowboy (or cowgirl); I'm trying to make a point. I mean, clearly, I don't even know who you are, so it's not as if I said you were s-l-o-w or anything! Are we a little sensitive? It's amazing how touchy people are about their intelligence. I mean, you don't get in trouble if you tell someone that they're a shoddy shortstop, a poor poet or a terrible tumbler. But tell them that they're dirt dumb and they get offended. Go figure.

Anyway, intelligence is something we think and talk about a lot. It seems that everyone has an opinion about smarts – even if that opinion isn't always smart. Here are some opinions.

- B. F. Skinner: "Education is what survives when what has been learned has been forgotten."

- Abigail Adams: "I've always felt that a person's intelligence is directly reflected by the number of conflicting points of view he can entertain simultaneously on the same topic."

- Carl Sagan: "Knowing a great deal is not the same as being smart; intelligence is not information alone but also judgment, the manner in which information is collected and used."

- Woodrow Wilson: "I not only use all the brains that I have, but all that I can borrow"

- Albert Einstein: "It's not that I'm so smart, it's just that I stay with problems longer"

My favorite quote on intelligence comes from hockey great Wayne Gretzky who clearly has a GPS embedded in his brain. His definition is hard to beat: "I skate to where the puck is going to be."

And by far, the most accurate definition of intelligence comes from psychologist E. G. Boring. He intelligently said, "Intelligence is what the tests test." Well, yeah.

So where does that leave us? You'll note that no one mentioned intelligence being based on filling in the correct circle, much less choosing "all of the above" when in doubt. Sure, reading and writing and calculation have their place; no question about it. After all, if you can't do these things, your options are limited unless your last name is Picasso, Pujols, or Perfidy. Plus, think how hard it would be to do a crossword puzzle if you couldn't read. So yes, Lucy, the 3R's are important. (Was that a poem?)

But clearly intelligence is clearly more than the 3R's; is that clear? You need to have skills in reading, writing, and calculation – and at the risk of being redundant, if you are intelligent, you'll likely have these skills. At the risk of being redundant, if you are intelligent, you'll likely have these skills. (No, that wasn't a typo – get it?) Real intelligence, though, goes beyond the 3R's and it encompasses far more than those R's. Here's what scientist Carl Sagan said, "Knowing a great deal is not the same as being smart; intelligence is not information alone but also judgment, the manner in which information is collected and used." Think of different that is than "Intelligence is what the tests test."

Similarly, Howard Gardner, the modern day guru of intellect expands our thinking about intelligence when he defines intelligence as "solving a problem

or creating a product that is valued in society." "Product" widens the pool considerably, hear that splash?, and pulls in Elvis, Evita, Ellery Queen, John Elway, and Queen Elizabeth: music, acting (acting?), writing, athletics, and leadership. It's nice to know that there are many different ways to be smart. (If you're a pessimist, of course, this means that there are many more ways to be not smart. Duh.)

Unlike the weather or health care, we can do something about our intelligence. No doubt Steven Hawking was referring to intelligence when he said, "Intelligence is the ability to adapt to change." So however smart you are, you can be smarter. Yep, you can be thinner and taller too. OK, forget taller; would you settle for thinner and smarter?

The reality, you see, is that working to be smarter shares a lot with working to be thinner. Both require focus, effort, and a denial of chocolate. OK, you can have chocolate and be smart; I was just seeing if you were paying attention. But to improve, what should do you? Simple: Eat reasonably, and always leave some food on your plate. Work out regularly, and stay away from fatty foods. Oh – how to become more intelligent? Well, that's a bit more complex.

Here are the ten steps to getting smarter. Follow them and I guarantee that your mind will be a-bubbling with active brain cells and you'll impress everyone at the party should you be invited. Rule number 1: Ask questions.

Rule number 2: Listen to answers. Rule number 3: Seek people who will cause you to question your assumptions and think differently. Rule number 4: Drink orange juice each day. Rule number 5: Read. Rule number 6: Read some more. Rule number 7: Comb your hair a lot (the stimulation is good for the brain cells). Rule number 8: Don't watch television with the volume turned on. Rule number 9: Eat dark chocolate. Rule number 10: Take juggling lessons. If you're a multi-tasker who only has 20 or so minutes a day to work on raising your intellect, you can eat chocolate while you juggle with one hand and read a book that you're holding in the other after, for sure, you've had your orange juice. Believe me, 20 minutes doing this each day will do the trick.

Not to put any pressure on you, but next month's column has a do-it-yourself intelligence test. Scores will be posted.

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ST. LOUIS' ORIGINAL BOWLING &  
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Food Served  
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Renowned restaurant and music club  
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